

♦Please note that due to recent price increases, logistics and other factors, menu items and ingredients may change.

Morau Mo		e red, yellow, and green food gro						hree functions of food as delcar				(Lunch)
Day March Control Part Day	Date	Menu	Snack Morning (1~2yr)				Date	Menu	Snack Morning (1~2yr)			
Common of Teach Common C	Day	Mona					Day	Mona	Afternoon(1~5yr)			
Control of March 200 of State Control of March 200 of Stat		Baby Sardine Rice and Plum Paste	Rice Cracker					Chicken Over Rice	***			
Mile Source Free Roe 2 Star Free Green Washington Start Cooking Room Control Start Cooking Room Contr	1	Chicken with Sweet-and-Sour Sauce			Fortified	Cabbage	16	Broccoli with Mayo			Fortified	Corn
Owner Seed Professor	l	•	Cinnamon Toast					°CD			Rice	
Sart Orange Black Slick All Free Rec Recorded Control Seares Purplin Reco Orange Milk All Free Purplin Reco Orange Milk Cher Sou Orange Milk All Free Rec Recorded Control Seares Purplin Recorded Control Milk All Free Purplin Recorded Control Milk Free Purplin Recorded Control Milk Milk Free Purplin Recorded Control Milk Milk Milk Free Purplin Recorded Control Milk Milk Milk Free Purplin Recorded Control Milk Milk Milk Milk Free Purplin Recorded Control Milk Milk Milk Milk Milk Free Purplin Recorded Control Milk Milk Milk Milk Milk Milk Milk Free Purplin Recorded Control Milk Milk Milk Milk Milk Milk Milk Milk Milk Free Purplin Recorded Control Milk Mil	Fri	•	N. 4711				Sat	Orange				Orange
Sat Fried Terms Black Stack Milk Amounts of the Control Fried Branch Amounts of the Control Fried Branch Milk Milk Amounts of the Control Fried Branch A				Canned Tuna						Chicken	Polished	Carrot
Set Orango Milk Rice Croater A File Terlysid Sesame Furnishin Mon Hijk Stated Olean Sou Orange Milk Rice Croater Beauth Furnishin Mon Hijk Stated Olean Sou Orange Milk Rec Croater Rec Cr	9		***		Rice	Mushrooms	19	=	Rice Gracker	Seaweed	Rice	Onion
Sect Company	_		Black Stick			Canned Corn	10	-	Oatmeal Snack	♦Totu		Green Pepper
Rec Rec Crasher District Full Ferryal Free Construction Control Full Ferryal State Control Full Ferryal	Sat		Diagn Guen			Broccoli	Tues	'				Bamboo Shoot
Rice Rice Creater Mark Fish Propriet Rice Creater Propriet Rice Creater Rice Cre			Milk			Keip Orange			Milk			Orange
A		Rice	Rice Cracker					Bread Roll	Apple			
Mon High Sale Sale Control High Sale Sale Sale Control	4	Fish Teriyaki			Glutinous	Carrots	20	Baked Salmon with Tartar Sauce	Birthday Cake	●Bacon		Lettuce
Mon High Saled Clear Soup Orange Mail Clear Soup Orange Mail Clear Soup Orange Comment C		Sesame Pumpkin	Hard Cookie			Canned H-corn		Vegetable Salad	0 3000	Canned Tuna		
Purple Rice - State - Port - Port - State - Port - State - Port - State - Port - State - Port - Port - Port - State - Port - Po	Mon	•				Mushrooms	Wed		#MTES			Onion
Tue Per Salad Graya Protest Salad Milk Salad Sal				Doule	Polished Rice				(hanner)	Doule	Daliahad	
Dep-Fried Goys Potes Solade Milk Milk Milk Milk Milk Milk Milk Milk	5	•	Banana	Tofu	Black Rice	Onion Carrot	21	· ·	Rice Gracker	♦Tofu	Rice	Carrot
Tue Protest Saled Michos Goup Orange Fried Bread Grand Part Fried Bread Grand Part Fried Bread Michos Goup Management Ricio Radioh Saled Michos Goup Management Ricio Reco Management Ricio Reco Grader Rice Cracker Reco Grader Reco Management Ricio Reco Grader Reco Management Ricio Reco Grader Reco Grader Reco Management Ricio Reco Grader Rec	٦	_	Rusk	Seaweed	White Sesame		21		Marshmello Sandwich			
Bios Soup Orange Milk Fried Been Polished Cores Fried Be	Tue	•	Nusk				Thu	_			Rice	
Ricc Mics and Meat Tofu Streeded Cerrot			Milk					'	Milk			watermeion
Second Control Been Control Fried Bread		-										
Wed Vinegared Mozulu Seaweed Milk Milk Seaweed Milk Milk Seaweed Milk Milk Milk Milk Seaweed Milk	6	Miso and Meat Tofu					22	Radish Salad				
Milk Seeweed Milk Milk Seeweed Milk Seeweed Milk Seeweed Milk Milk Seeweed Milk Milk Seeweed Milk Milk Seeweed Milk		Shredded Carrot	Fried Bread	Chicken		Broccoli		Somen/Miso Soup	Jam Sandwich		Rice	Cucumber
Tanabata Sushin Apple Salamn Palabata	Wed	Vinegared Mozuku Seaweed				Bean Curd	Fri	Orange			Sesame	Cabbage
Maction Mact		·		0.1	D.". I					AT (
Thu Tomato Salady Somen Soup Watermelon Tanabsta Rice Rice Rice Rice Gracker Rice Rice Grange Rice Common Milk Rice Cracker Fri Price Cracker Fried Chinese Noodles Miss Soup Apple Rice Struck Markerel (curry flavored, Seaseed Milk Rice Cracker Rice Markerel (curry flavored, Seaseed Milk Rice Cracker Rice Gracker Rice Markerel (curry flavored, Seaseed Milk Rice Cracker Rice Markerel (curry flavored, Seaseed Milk Rice Cracker Rice Markerel Rice Struck Markerel Rice Cracker Rice Markerel Rice Calcium Cracker Rice Markerel Rice Calcium Cracker Rice Gracker Rice Markerel Rice Calcium Cracker Rice Markerel Rice Calcium Cracker Rice Markerel Rice Calcium Cracker Rice Markerel Rice Cracker Rice Markerel Rice Cracker Rice Markerel Rice Calcium Cracker Rice Markerel Rice Cracker Rice Markere	٠, ا		Apple			H Canned Corn	00		***			
Thu Tomato Salad Somen Soup Watermelon Tanabata Fine Cracker Milk Reserved Grilled Mackerel (curry flavored) Grilled Mackerel (curry flavored) Grilled Mackerel (curry flavored) Fried Chinese Noodles Milk Milk Soup Apple Milk Sice State Grilled Mackerel (curry flavored) Milk Sice State Milk Reserved Milk Milk Milk Fine State Milk Fine Stat	′		Star Cookies		▲Somen	Lettuce	23		Tortoise Shell			
Watermelon Tenebata Tanabata Jelly Rice Rice Rice Rode Grand Matto	Thu		Star Gookles			Watermelon	Sat					Cucumber
Rice Cracker Note	1114		Tanabata Jelly			Raisins	Out	162	Milk			
Solvar and Natto Grilled Mackerel (curry flavored) Fried Chinese Noodles Milk Seaveed Milk Noodles Seaveed Milk Noodles Superficient Rice Superficient									Rice Cracker			
Fried Chrises Noodles Sweet Potato Sweet Potato	8	Okra and Natto		Mackerel		Carrots	25	Fried Burdock				
Fried Chinese Noodles Milk Souve Apple Milk Souve Apple Pote to Orange Pote		Grilled Mackerel (curry flavored)	Sweet Potato	Fried Bean		Mushrooms		Pumpkin Salad	Calcium Cracker			
Rice with Minoral Meat and Vegetables Siliced Cucumber with Mayo Clear Soup Fortied Fortied Ramboo Clear Soup Fortied Samboo Course Fortied Samboo Cours	Fri	Fried Chinese Noodles					Mon	Fish Miso Soup			Sesame	Radish
Sat Orange Pork Bowl with Shineji Mushrooms Fice Cracker Tofu Fornish Gucumber Sticks (salty) Mink Pork Bowl with Shineji Mushrooms Fice Cracker Tofu Fornish Gucumber Sticks (salty) Mon Miso Soup Orange Pork Bowl with Shineji Mushrooms Fice Cracker Tofu Fornish Gucumber Sticks (salty) Mon Miso Soup Orange Pork Bowl with Shineji Mushrooms Fice Cracker Tofu Seaweed White Same Cucumber Sticks (salty) Pork Bowl with Shineji Mushrooms Fice Cracker Tofu Seaweed White Same Pork Gucumber Sticks (salty) Mon Miso Soup Orange Purple Rice Oracker Shoulder Tofu White Seame Orange Purple Rice Oracker White Seaweed Shoulder Tofu Seaweed White Seame Orange Purple Rice Oracker White Seaweed Seaweed Shoulder Tofu Seaweed White Seaweed White Seaweed Shoulder Tofu Seaweed White Seaweed Shoulder Tofu Seaweed White Seaweed White Seaweed Shoulder Tofu Seaweed White Seaweed Shoulder Tofu Seaweed Orange White Seaweed Shoulder Tofu Seaweed White Seaweed Shoulder Tofu Seaweed White Seaweed Shoulder Tofu Seaweed Orange White Seaweed Shoulder Tofu Seaweed Shoulder Tofu Seaweed Orange White Seaweed Shoulder Tofu Seaweed Shoulder Tofu Seaweed Orange Pork Liver Seaweed Orange Seaweed Shoulder Tofu Seaweed Shoulder Tofu Seaweed Orange Seaweed Shoulder Tofu Seaweed Orange Pork Liver Shoulder Tofu Seaweed Shoulder Shoulder Tofu Seaweed Shoul				01.1	D.". I	0 :		_				
Clear Soup Orange	_		***	Gnicken	Rice	Carrot	0.0		Apple	Pork	Rice	Tomato
Sat Orange Milk Portato Milk Por	9	•	Pice Snack				20		Banana Cake			
Pork Bowl with Shimeji Mushrooms Proce Cracker Frofiled French Fries Cucumber Sticks (salty) Miso Soup Orange Pupple Rice Grilled Salmon with Miso Mayo Radish Salad Fortified	Sat		Nice Shack			Mushroom	Tues		Dariaria Cake		Glass	Shoots
Pork Bowl with Shimeji Mushrooms French Fries Cucumber Sticks (salty) Mon Miso Soup Orange Purple Rice Gracker French Fries Brown Sugar Cake Milk Seawed Orange Apple Orange Apple Fortlied Rice Seawed Fortlied Rice Rice Cucumber Fortlied Rice Seawed Fortlied Rice Rice Chinese Chicken Tofu Miso Soup Fortlied Rice Rice Carnot Sandwich Milk Fortlied Rice Rice Carnot Sandwich Rice Carnot Sandwich Milk Fortlied Rice Rice Rice Rice Rice Rice Rice Rice	Oat	Orange	Milk			Orange	1 403		Milk		Noodles	
French Fries Cucumber Sticks (salty) Brown Sugar Cake Brown Sugar Brown Sugar Cake Brown Sugar Brown Suga		Pork Bowl with Shimeji Mushrooms						·				
Cucumber Sticks (salty) Brown Sugar Cake Seaweed Milk Seaweed	11	French Fries				Mushroom	27	Sesame Potatoes				
Mon Miso Soup Orange Milk Seame Paste Lettuce Soup, Banana Milk Seawed Miso Soup Wed Orange Milk Seawed Milk Seawe		Cucumber Sticks (salty)	Brown Sugar Cake	Seaweed		Mushroom		Vinegared Cucumber	Tuna Mayo Rice Ball	Seaweed	Sesame	
Purple Rice Grilled Salmon with Miso Mayo Radish Salad Tues Broccoli with Sesame Paste Lettuce Soup, Banana Milk Childed Chinese Noodles Pumpkin Salad Miso Soup Milk	Mon	Miso Soup			White		Wed	Corn Soup				Corn
Tues Pork Rice Seawed Pork Rice Seawed Portified Rice Portified Rice		_		6.1		Kiribe-ti D 1				Ded 12	D-P 1	0
Tues Radish Salad Poghurt Bread Tofu Fortified Rice Porticeon R	40	•	Apple	Pork	Rice	Kampyou	00		Apple		Rice	Broccoli
Tues Broccoli with Sesame Paste Lettuce Soup, Banana Chilled Chinese Noodles Pumpkin Salad Miso Soup Miso Soup Miso Soup Miso Orange Miso Milk Tru Vinegared Mozuku Seaweed Miso Soup Banana Chilled Chinese Noodles Pumpkin Salad Miso Soup Miso Orange Miso Milk Carnet Sandwich Milk Tru Vinegared Mozuku Seaweed Miso Soup Banana Milk Chinese Noodles Pumpkin Salad Miso Soup Milk Carnet Sandwich Milk Tru Vinegared Mozuku Seaweed Miso Soup Banana Milk Carnet Corn Cucumber Seame Seaweed Noodles Pumpkin Salad Miso Soup Milk Carnet Sandwich Milk Carret Sandwich Carret Sandwich Milk Carret Sandwich Carret Sandwich Milk Carret Sandwich Milk Carret Sandwich Milk Carret Sandwich Carret Sandwich Milk Carret Sandwich Carret Sandwich Milk Carret Sandwich Milk Carret Sandwich Carret Sandwich Milk Carret Sandwich Ca	12	•	Yoghurt Bread			konnyaku thread	28	· ·	Steamed			
Lettuce Soup, Banana Milk Chilled Chinese Noodles Pumpkin Salad Miso Soup Pumpkin Salad Miso Soup Orange Milk Milk Rice Cracker Chicken Noodles Seawed Seawed Seawed Seawed Potato Milk Lunch Box Dav Lunch Box Dav Lunch Box Dav Carrot Sandwich Thu Rice Carcker Milk Rice Cracker Chicken Noodles Seawed Potato Cornge Potato Corng	TUAS		TOSTILLE DI CAU		Rice	Lettuce Onion	Thu					Okra
Chilled Chinese Noodles Pumpkin Salad Miso Soup Orange Wed Orange Chilled Chinese Noodles Pumpkin Salad Miso Soup Orange Milk Lunch Box Dav Banana Carrot Sandwich Thu Rice Carrot Sandwich Milk Rice Carrot Sandwich Fri Rice Carrot Chinese Noodles Seaweed Seaweed Seaweed Potato Orange Purple Rice Grilled Miso Pork Sauteed Konnyaku Sweet and Spicy Fried Potato Clear Soup, Orange Milk Carrot Sandwich Thu Rice Carrot Sandwich Fri Fri Rice Carrot Cucumber Seaweed Grilled Miso Pork Sauteed Konnyaku Sweet and Spicy Fried Potato Clear Soup, Orange Milk Hijiki Rice Chicken Seaweed Frosted Flake Bar Frosted Fla	. 463		Milk			Enoki mushroom	u	•	Milk			
Pumpkin Salad Miso Soup Orange Orange Milk Lunch Box Dav Hill Allery Response Guidelines Fri Miso Soup Milk Rice Seawed Miso Soup Orange Milk Rice Seawed												
Miso Soup Orange Inari Sushi Seaweed Seeds Potato Potato Potato Fri Sauteed Konnyaku Sweet and Spicy Fried Potato Clear Soup , Orange Milk Lunch Box Dav Banana Lunch Box Dav Carrot Sandwich Thu Rice Sweet and Sour Fish and Veggies Hijiki with French Dressing Miso Soup Miso Soup Fri Sauteed Konnyaku Sweet and Spicy Fried Potato Clear Soup , Orange Milk Hijiki Rice Chinese Style Cucumber Boiled Tofu Soup Orange Orange The menu is subject to change due to ingredient availability, events, or other reasons. The menu is subject to change due to ingredient availability, events, or other reasons. The menu is subject to change due to ingredient availability, events, or other reasons. These meals will be prepared in accordance with the "Allergy Response Quidelines (Ministry of Health, Labor and Welfare 2019)".	13						29	· ·				
Polished Rice Polished Ric		Miso Soup	Inari Sushi		Seeds			Sauteed Konnyaku	Frosted Flake Bar		Fortified	Carrot
Lunch Box Dav Banana Carrot Sandwich Thu Rice Sweet and Sour Fish and Veggies Hijiki with French Dressing Miso Soup Miso Soup Banana Amily Banana Amily	Wed	Orange			1 otato		Fri	Sweet and Spicy Fried Potato				Corn
Thu Carrot Sandwich Carrot Sandwich Carrot Sandwich Carrot Sandwich Carrot Sandwich Carrot Sandwich Milk Carrot Sandwich Milk Carrot Sandwich Sat Chinese Style Cucumber Boiled Tofu Soup Carrot Sandwich Carrot Sandwi								· · · · ·				Chaat
Thu Carrot Sandwich Carrot Sandwich Carrot Sandwich Milk Sat Chinese Style Cucumber Boiled Tofu Soup Bread Stick Orange Sat Orange Sat Orange	ا , ,	Lunch Box Dav	Banana		97	hankagu Cusacu		,	***			
Thu Rice Sweet and Sour Fish and Veggies Hijiki with French Dressing Miso Soup Miso Soup Sat Orange Orange	14		Correct Sanduit	(amagazati	Obento	(m)	30	•	Drood Ctials	♦Fried Tofu		Burdock
Milk Rice Sweet and Sour Fish and Veggies Hijiki with French Dressing Miso Soup Miso Soup Milk Rice Sweet Potato Cake Tofu Nonion Carrots Green Pepper Bamboo Cucumber Canned Corn Bitter Gourd Pensor Miso Soup Milk Rice Fortified Rice Canned Corn Bitter Gourd Pensor Miso Soup Milk Rice Fortified Rice Canned Corn Bitter Gourd Pensor Miso Soup Milk Rice Fortified Rice Miso Soup Milk Rice Fortified Rice Fortified Rice Fortified Rice Fortified Rice Miso Sup Miso Soup Miso	_{Th}		Oarrot Sandwich	tokosen	Silvis		S•+		Dread Stick	Tota		
Rice Sweet and Sour Fish and Veggies Hijiki with French Dressing Miso Soup Rice Cracker Ham Sweet Potato Cake Hijiki with French Dressing Miso Soup Rice Cracker Ham Dried Hijiki Ham Sweet Potato Cake Tofu Ham Sweet Potato Cake Noise Noise With food allergies, a doctor's note is required for special preparation of meals. These meals will be prepared in accordance with the "Allergy Response Guidelines" (Ministry of Health, Labor and Welfare 2019)".	Inu		Milk	70 40 40 40	W	00	Jac	Orange				
Sweet and Sour Fish and Veggies Hijiki with French Dressing Miso Soup Sweet Potato Cake Tofu Sweet Potato Cake Tofu Rice Bamboo Cucumber Canned Corn Bitter Gourd Possor Wiso Soup These meals will be prepared in accordance with the "Allergy Response Quidelines" (Ministry of Health, Labor and Welfare 2019)".		Rice					*	The menu is subject to change due to	ngredient eveilebility	evente or oti	her reseance	1
Hijiki with French Dressing Miso Soup Sweet Potato Cake Tofu Rice Cucumber Canned Corn Bitter Gourd Possore Charles Gourd Rice Cucumber Canned Corn Connect Corn	15		1.13 0.4000				→					ıls.
Fri Miso Soup Bitter Gourd (Ministry of Health, Labor and Welfare 2019)".		Hijiki with French Dressing	Sweet Potato Cake			Cucumber						
Banana Milk Banana 💮 🗸 🏠 🚓 😭 🞵	Fri	Miso Soup				Bitter Gourd		(Ministry of Health, Labor and Welfare	2019)″.			(-)*
		Banana	Milk			Banana]	© 5 € €	\$ 6		() I	

- For those with food allergies, a doctor's note is required for special preparation of meals. These meals will be prepared in accordance with the "Allergy Response Guidelines (Ministry of Health, Labor and Welfare 2019)".













